



- **NETBALL IS A FUN WAY TO SPEND TIME WITH YOUR FRIENDS.**
- **GET TOGETHER AND FORM A TEAM – ALL YOU NEED IS 9 PLAYERS - GIRLS AND BOYS - TO FORM A TEAM.**
- **REGISTRATIONS ARE NOW OPEN FOR THE 2020 SEASON.**
- **TO REGISTER GO ONLINE AT:  
[WWW.ANASAINTSNC.ACT.NETBALL.COM.AU](http://WWW.ANASAINTSNC.ACT.NETBALL.COM.AU).**
- **REGISTRATIONS CLOSE ON 29 FEBRUARY FOR YEARS 5&6 AND 30 MARCH FOR YEARS 2-4.**
- **SEASON FEES ARE \$185 FOR JUNIORS (YRS 5 & 6) AND \$165.00 FOR NETSETGO (YRS 2-4). MORE INFORMATION ABOUT NETSETGO IS BELOW.**
- **NO UNIFORMS PURCHASES REQUIRED AS THE CHILDREN WEAR THEIR ST JUDES SPORTS UNIFORM.**
- **IF YOU WANT MORE INFORMATION PLS CONTACT AMANDA LILLEY ON [MANDALILLEY@IINET.NET.AU](mailto:MANDALILLEY@IINET.NET.AU).**

# INTRODUCING SUNCORP NETSETGO

## What is Suncorp NetSetGO?

Suncorp NetSetGO is a fun, safe, social and active program for girls and boys aged 5 to 10. It gives kids of all abilities a positive introduction to netball and teaches them the basic skills of the sport.

Suncorp NetSetGO is divided into three tiers; Net, Set and GO, meaning that your child will learn at a pace that's right for their age and ability.

Each week your child will take part in skill based activities, minor games, music, dance and modified matches that will help them develop fundamental movement skills, as well as important social skills like team work. Each session will be lead by an accredited coach, using modified equipment.

## What will my child learn?

- Throwing, passing and catching
- Take off and landing
- Pivot
- Change of direction
- Goal shooting
- Movement skills
- Team work
- Communication

## What tier is right for my child?

Suncorp NetSetGO is divided into three tiers; Net, Set and GO\*.

- Net is for 5 to 6 years old and teaches fundamental motor skills through dance, music and games
- Set is for 7 to 8 years old and focuses on refining fundamental motor skills and introducing modified netball matches
- GO is for 9 to 10 years old and focuses on developing netball specific skills through modified netball matches